



CLAY COUNTY CHAPTER 1414
ORANGE PARK, FL
NARFE "NEWS UPDATE"



National Active and Retired Federal Employees
 Serving Retired and Active Federal Employees

Apr. 1st

No 4-23

Issued monthly except August

April 2023

NEXT MEETING

DATE: April 18th, 2023 *3rd Tuesday*

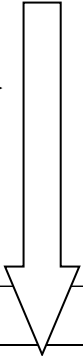
PLACE: Orange Park Library, Phonecom, or Webinar

TIME: 12:30 PM

PROGRAM: Dedicated Senior Medical Center

SPEAKER: Lakisa Ross

Monthly Mtg. 3rd Tuesday every month, except June, July and August, 12:30 PM, OP Library)



PRESIDENT	KEITH BASS	631-9085
1ST VICE PRES.	SUSAN PARKINS	272-0423
2ND VICE PRES.	MARILYN HOLLOWOOD	264-3486
SECRETARY	EILEEN WADDING	772-8431
TREASURER	EILEEN WADDING	772-8431
EXECUTIVE BD.	DEE STEPHENS	276-1067
EXECUTIVE BD.	WILLIAM FLEMING	387-6379
SGT-AT-ARMS	GEORGE TOWER	707-1164
PUBLIC RELATIONS		
SERVICE OFFICER	MARILYN HOLLOWOOD	264-3486
LEGISLATIVE CH		
SUNSHINE CH	LOIS LAMBERT	288-1432
PARLIAMENTARIAN	SUZANNE TOWER	707-1164
NEWSLETTER ED	MARY BERNING	282-0938
Nsltr DISTRIBUTION	MARILYN HOLLOWOOD	264-3486
ALZHEIMER'S CH	WILLIAM FLEMING	384-6379
NARFE-PAC CH	DORIS SMALL	272-2931
RECRUITING	SUSAN PARKINS	272-0423
BIRTHDAY CH	MARY ANN BAUGH	349-7024
CHAPLAIN	LINDA FLEMING	783-0197
PAST PRES.	MARILYN HOLLOWOOD	264-3486

Join the meeting using Phone:

If using **T-Mobile or Metro-PCS Cell**, Dial this number first: **1-206-451-6118** then dial **605-475-4872#**, then enter Access Code: **238020#**

With any other phone type:

Dial Phone Number – **1-605-475-4872**
 Then enter Access Code: **238020#**

Join the meeting using Webinar:

1. Select URL Freeconferencecall.com
2. Download app to your computer, if not loaded
3. Select Join with Audio
4. Enter your name, and Email
Meeting ID = SALP348
5. Select Join meeting

Special Note: for both media

Mute to listen – UNMUTE to Speak

PRESIDENT'S MESSAGE

Keith Bass

President, Chapter 1414
 NARFE Clay County



Not much to report in this month's newsletter except hoping most of you would have attended the **Florida's 2nd District Conference** that was held on **Saturday, March 25th** at the OP library.

We celebrate April Fools on 1st and



Easter Sunday April 9th.

NARFE's Mission Statement

To support legislation beneficial to current and potential federal annuitants and to oppose legislation contrary to their interests.

To promote the general welfare of current and potential federal annuitants by advising them with respect to their rights under retirement laws and regulations.

To cooperate with other organizations and associations in furtherance of these general objectives.

FUTURE EVENTS

April 18th (3rd Tues.) - Chapter Mtg. 12:30 at OP Library, Mtg.Rm."A" and **Phone com or Webinar - info above**

June 20-22 - LEGcon23 see pg.3

The executive board met at Marilyn's house recently to discuss the **increasing costs** of getting our newsletters mailed. Problems been our permit allows for 200 mailings but we fall short of that due to having less Chapter members forcing us to

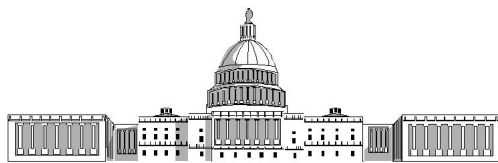
have extra newsletters being mailed free to non chapter members. We discussed mailing out freebies to local federal agencies enticing would be members to join. We're also looking into going 1st class stamps which were found online at a reduced cost thus doing away with the permit. **Comparing which would be the cheaper alternative** and hopefully come back to report a solution next month.

The **March** chapter meeting featured a guest speaker Marilyn had lined up, a **dental hygienist** to talk about your dental health

Have a great April and hunt those Easter eggs!



LEGISLATION - Marilyn Hollwood



Reminder of who our **Florida Legislator** is



Sam Garrison ®
House District 18 CLAY

(Note: If in need of other District Legislators, feel free to call me for assistance 264-3486.)

Capitol Office

222 The Capitol, 402 South Monroe Street
Tallahassee, FL 32399-1300
(850) 717-5011

E-Mail Representative Sam Garrison
(myfloridahouse.gov)

District Office

1835 East West Parkway, Suite 18
Fleming Island, FL 32003-5311
(904) 278-2062



US HOUSE

Aaron Bean (R)
US HOUSE

DISTRICT 4
CLAY.
COLUMBIA,
BAKER

Website **<https://bean.house.gov>**

Contact 1239 Longworth House
Office Building
(202) 225-0123
Contact

SERVICE - Marilyn Hollwood

Are you positive all your insurance policies have your beneficiaries as you intend? Think of everything, including any **coverage** you may have **from your federal service**. The latter can be **checked through OPM**, don't neglect that, **save your survivors** that problem. **Make sure your survivor(s) are aware of information required to make any claims pertinent to your federal service**. That's an easy item to forget!





Susan Parkins, NARFE
Federation Membership Chair

Attention Please:
Welcome to our new FL NARFE **Members Website**. Visit often at:
<https://www.FLNARFE.com>

Here you will find many easy real time benefit connections, notifications, campaigns, blog tips, marketing ideas or help input forms, and mostly ZOOM training at your finger-tip, from where ever you are!

Something new too! **New members Orientation!**

Improve NARFE Members services and communication by taking a few minutes to add or **update** your **Email address and phone#** on NARFE Data profile. It is a critical need that can help us help you BETTER.

Ways to update your data Profile Change:

- (A) Call 1-800-456-8410 Opt-1
- (B) Email to: **Memberrecords@NARFE.ORG**
- (C) Use our new members website to submit the update. **<https://www.FLNARFE.COM>** - On the site select the FL members upper menu - Then, select drop down menu - member marketing input form - under purpose drop-down, select Email update.

As of 2-16-2023

Total Current Chapter Members	156
Total National Members in Chapter Area	75
Total Chapter plus National Members	231

MEMBERSHIP AND NEWSLETTER CONCERNS

Marilyn Hollwood

We are experiencing a membership loss within our chapter, **current count** is estimated at **155**. Without a doubt, we need to increase that to at least 200+. Not only do **we want members**



for support of the organization, but our **'mailing PERMIT'** requires a **minimum of 200 mailings**, jeopardizing our normal monthly NEWSLETTER mailing process. We have been circumventing the system by including the National members within

our mailing zone to accommodate the 200 number, but feel that attempt to encourage them to join our Chapter has had minimal results . The committee came up with the idea of reverting back to as many e-mail deliveries as possible and USPS mail



to those that cannot be accommodated through e-mail.

We realize many members do not have e-mail, but if you are one that does, let us know and we will possibly start that again. Along with that idea, we will need to ensure we have a 'good e-mail' address for you. We feel our newsletter is a vital tool for routine communication for our membership. Please contact me by phone or e-mail on your thoughts. My phone is



904-264-3486 or 904-228-1095

or e-mail



mhollowood@yahoo.com

SUNSHINE - Lois Lambert



No recognitions during March. If you know anyone we need to acknowledge for any reason,

Call LOIS 904-288-1432.



THE POLITICAL
"ARM" OF NARFE
Doris Small

March is NARFE-PAC Month: Contribute Today. NARFE-PAC Month is here, and your help is needed to make it a success. NARFE dedicates the entire month of March to raising awareness of NARFE's political action committee and the vital role it plays in defending and advancing the earned benefits of the federal community.

NARFE and its allies made significant strides last Congress to advance the Social Security Fairness Act, with the House bill gathering 305 cosponsors and the House Committee on Ways and Means holding its first hearing on WEP/GPO repeal in over two decades. NARFE needs the continued support of its members to advance this legislation. The reintroduction of the Senate version of the bill marks a perfect time for NARFE members to contact their Senators and ask them to cosponsor the bill.

Help protect your retirement security by contributing online today, or mail contributions to

Eileen Wadding
7548 LeGrande Street S.
Jacksonville FL 32244 for recording.

ALZHEIMER'S UPDATE - Bill Fleming



The Department of Veterans Affairs will be the first major insurer to pay for the drug Leqembi since its approval by U.S. regulators.

Leqembi is an anti-amyloid drug that slows the decline from Alzheimer's by removing sticky amyloid protein fragments which can cause Alzheimer's. Its side effects include brain bleeding and swelling especially in patients taking blood thinners.

To qualify for Leqembi patients must be over 65, have early stage symptoms of Alzheimer's and elevated brain amyloid. The U.S. government estimates that nearly 168,000 receiving care from the VA have Alzheimer's dementia.



Analysts expect that Medicare won't cover the drug until the FDA grants full approval of Leqembi. The FDA has set July 6 as the deadline for full approval of Leqembi.

(Source: Veterans Affairs to Be First Major Insurer to Cover Alzheimer's Drug Leqembi, Joseph Walker, *The Wall Street Journal*, March 13, 2023)

News from NARFE - LEGcon23

Register for LEGcon23: June 20-22 for NARFE's Virtual Legislative Training Conference

Registration has opened for NARFE's virtual legislative training conference, LEGcon23, which is scheduled for June 20-22, 2023, with



a pre-training "Know Before You Go" session on June 14 to familiarize registrants with the procedure and instructions for their successful participation in the conference and the virtual visits with lawmakers. Register today.

At LEGCon23, NARFE's premier grassroots training event, NARFE members will learn to advocate for NARFE's legislative priorities and be an active participant in protecting and defending their federal benefits. After a day and a half of virtual trainings, the conference culminates with a virtual lobbying day, when you will talk directly to your lawmakers and/or their staff about NARFE issues. In addition to preparing you for those meetings, the trainings will help you implement bold ideas to improve your advocacy skills and become a more influential advocate by building and sustaining relationship with key decision-makers.

Register today and join the fight to defend and advance your earned benefits. The member early-bird registration fee is \$135 and will run through April 14. After that date, the member registration fee will be \$150.

[Registration - legcon.narfe.org](https://legcon.narfe.org)

We hope to see you in June!

(National Active and Retired Federal Employees Association <communications@narfe.org> Mar.14, 2023)

ON BEHALF OF CHAPTER 1414 WE WISH A MOST ENJOYABLE BIRTHDAY to the following members celebrating **April** birthdays.

03 Sandra Criswell
09 Emma D. Murray
12 Michael Songer
14 Martha L. Reed



24 Joyce Anne Stevens
25 Raymond H. Zerba, Jr
29 Barbara E. Evans

We greatly appreciate the generosity of our members who contribute to the Birthday Fund. Your contributions make the publication of this newsletter possible and help keep our chapter dues low. There are many members who celebrate their birthdays each month and whose names are never published in the newsletter. We want to recognize **all members** who celebrate their birthday. Unfortunately, National does not send member's date of birth so **we have to rely on members to furnish this information.** If you have not seen your name published, or if your birthday has been entered incorrectly, please call **Mary Ann Baugh** 349-7024 to correct information.

We have established the **15th of the month as the cut-off date** to furnish the donor's names to our Newsletter editor. All donations received after the 15th will be acknowledged in the next month's newsletter. If **YOU** would like to be a **contributor to our "birthday" recognition fund, send check payable to:**

**"NARFE CHAPTER 1414" AND MAIL TO:
Eileen Wadding, Treasurer,
7548 Legrande St. S.
Jacksonville, FL 32244-1632.**

The following members donated to the Birthday Fund: Keith Bass, Kurt Leguit, Lloyd Pearson, Jr., Darlene Arras, and Peter Sikora.

TOTAL \$85.00



**NON-PROFIT ORG.
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Apr 2023

**Clay County Chapter 1414
2748 Birchwood Dr.
Orange Park, FL 32073
GUARDIAN OF INDEPENDENT
FEDERAL RETIREMENT**

DISCLAIMER REQUIRED BY THE IRS
Dues payment and gifts or contributions to NARFE are not deductible as charitable contributions for Federal Income Tax purposes.