



NEXT MEETING

DATE: February 21st, 2023 3rd *Tuesday*
PLACE: Orange Park Library, Phonecom, or Webinar
TIME: 12:30 PM
PROGRAM: Possibility - Dental Health Care
SPEAKER: Teresa Zawadski, Dental Hygienist



Monthly Mtg. 3rd Tuesday every month, except June, July and August, 12:30 PM, OP Library)

PRESIDENT	KEITH BASS	631-9085
1ST VICE PRES.	SUSAN PARKINS	272-0423
2ND VICE PRES.	MARILYN HOLLOWOOD	264-3486
SECRETARY	EILEEN WADDING	772-8431
TREASURER	EILEEN WADDING	772-8431
EXECUTIVE BD.	DEE STEPHENS	276-1067
EXECUTIVE BD.	WILLIAM FLEMING	387-6379
SGT-AT-ARMS	GEORGE TOWER	707-1164
PUBLIC RELATIONS		
SERVICE OFFICER	MARILYN HOLLOWOOD	264-3486
LEGISLATIVE CH		
SUNSHINE CH	LOIS LAMBERT	288-1432
PARLIAMENTARIAN	SUZANNE TOWER	707-1164
NEWSLETTER ED	MARY BERNING	282-0938
Nsltr DISTRIBUTION	MARILYN HOLLOWOOD	264-3486
ALZHEIMER'S CH	WILLIAM FLEMING	384-6379
NARFE-PAC CH	DORIS SMALL	272-2931
RECRUITING	SUSAN PARKINS	272-0423
BIRTHDAY CH	MARY ANN BAUGH	349-7024
CHAPLAIN	LINDA FLEMING	783-0197
PAST PRES.	MARILYN HOLLOWOOD	264-3486

Join the meeting using Phone:
 If using **T-Mobile or Metro-PCS Cell**, Dial this number first: **1-206-451-6118** then dial **605-475-4872#**, then enter Access Code: **238020#**
 With **any other phone type:**
 Dial Phone Number – **1-605-475-4872**
 Then enter Access Code: **238020#**

Join the meeting using Webinar:
 1. Select URL Freeconferencecall.com
 2. Download app to your computer, if not loaded
 3. Select Join with Audio
 4. Enter your name, and Email Meeting ID = SALP348
 5. Select Join meeting

Special Note: for both media
Mute to listen – UNMUTE to Speak

PRESIDENT'S MESSAGE

Keith Bass
 President, Chapter 1414
 NARFE Clay County



Hard to believe January of 2023 is almost gone and February will soon be here.



We celebrate Groundhogs day, Lincoln's Birthday, Valentines Day and President's Day all in February.

NARFE's Mission Statement

To support legislation beneficial to current and potential federal annuitants and to oppose legislation contrary to their interests.
 To promote the general welfare of current and potential federal annuitants by advising them with respect to their rights under retirement laws and regulations.
 To cooperate with other organizations and associations in furtherance of these general objectives.

FUTURE EVENTS

February 21st (3rd Tues.) - Chapter Mtg.
12:30 at OP Library, Mtg.Rm."A" and Phone com or Webinar - info above

March 25th - FL NARFE DISTRICT-2
 Annual Conference
9:00 AM Orange Park Library
 See page three of this newsletter for more information on this event.

The January chapter meeting featured a return guest speaker, **Lynn Shad, from Morgan Stanley** who **spoke on the highlights** of the **Secure Act 2.0**, a law designed to substantially **improve retirement savings options** signed by President Biden last December.

Key takeaways are the **incremental increases in age to take the RMD on IRA's**, **increases in catch-up contributions**, and **using IRA's to fund charities** and avoid taxes. Nine other things were listed on handout given that the law changed. If you need a copy of what Lynn handed out, let me know and I can get you one.



We had 13 attendees in-house, 1 Telecom, and 1 Guest for our January meeting.

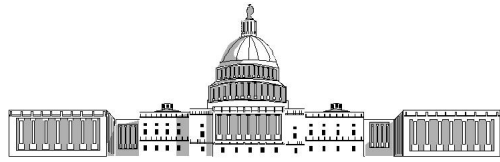
Have a great February and get that favorite sweetheart of yours a Valentine treat !



December 2022 Chapter Meeting at the Hilltop



LEGISLATION - Keith Bass



I received an email Wednesday Jan 18th from Headquarters stating that our new **National President, Bill Shackelford, sent a letter** on the 13th of January **to President Biden urging support on the key issues that will effect both Federal and Social Security retirees.**

A lot in support this year will depend on bipartisan support of the new majority republican controlled Congress.

More information should be forthcoming in the January - February NARFE magazine.

SERVICE - Marilyn Hollowood

That time of year! What you say?! Income tax time! There have been a few changes for 2022, be sure to have a professional check your return!



The NARFE NEWSLINE stated the GPO/WEP has new sponsors and is not dead. The Windfall Elimination Provision and Government Pension Offset has been reintroduced. The bill was submitted by Rep. Gravies (R-LA) a new lead sponsor than in previous sessions and in joined by Rep. Spanberger (D-VA), marking this bill as a bipartisan effort. Of note, the legislation retained its bill number from the previous Congress, still listed as H.R. 82.

(Read: NARFE News Line 17 Jan. 23)

Our Chapter 1414 membership roll is decreasing! If you are already a NARFE MEMBER, remember to include an extra \$5 to cover your Chapter 1414 dues. This is most important! Pass this info on to friends you know are members, they may not realize that!





Susan Parkins, NARFE Federation Membership Chair
Attention Please:
Welcome to our new FL NARFE Members Website. Visit often at:
<https://www.FLNARFE.com>

Here you will find many easy real time **benefit connections, notifications, campaigns, blog tips, marketing ideas or help input forms, and mostly ZOOM training at your finger-tip, from where ever you are!**

Something new too! **New members Orientation!**

Improve NARFE Members services and communication by taking a few minutes to add or **update your Email address and phone#** on NARFE Data profile. It is a critical need that can help us help you BETTER.

Ways to update your data Profile Change:
 (A) Call 1-800-456-8410 Opt-1
 (B) Email to: Memberrecords@NARFE.ORG
 (C) Use our new members website to submit the update. <https://www.FLNARFE.COM> - On the site select the FL members upper menu - Then, select drop down menu - member marketing input form - under purpose drop-down, select Email update.

As of 1-18-2023

Total Current Chapter Members	154
Total National Members in Chapter Area	77
Total Chapter plus National Members	231



**THE POLITICAL
 "ARM" OF NARFE
 Doris Small**



New Year: all donations toward this project are always welcome.

See page 11 of December 2022 NARFE MAGAZINE to **complete the form** and mail to

**Eileen Wadding
 7548 LeGrande Street S.
 Jacksonville FL 32244**
 for recording.

It will be forwarded immediately to Headquarters.

NO DONATION IS TOO SMALL.

ALZHEIMER'S UPDATE
Bill Fleming

New Drug Promises to Slow Alzheimer's

The FDA has given an early approval to the drug lecanemab, brand name Leqembi developed by Eisai Co. and Biogen Inc. The drug should be **used by patients with early stage Alzheimer's**. It reduces levels of a protein called amyloid from patients with early stage Alzheimer's and **can delay the disease progression** by about 5 months.

Leqembi requires **infusions given twice monthly** at a clinic or hospital. To qualify a patient must have significant levels of amyloid in their brain. Side effects include brain bleeds (in 17.3% of study patients) and brain swelling (in 12.6% of study patients). These **side effects are manageable** with proper monitoring. Bleeding or swelling can be detected by MRI scans. Treatment can be paused until the patient recovers. Patients taking blood thinners run a high risk of bleeding.



Patients should receive an MRI before starting treatment with Leqembi and intermittently over the first several months of treatment to check for side effects.



The drug will be **commercially available by January 23**. A fair price for the drug will be in the range of \$8,500 to \$20,600 a year. **Medicare reimbursement** will not be in place until **the end of 2023**.

(Source: Alzheimer's Drug Gets Early FDA Approval, *The Wall Street Journal*, January 7, 2023)

SUNSHINE - Lois Lambert



There were no cards sent during January. Sounds like everybody is doing well!

Please contact Lois (228-1432) to let her know of anyone we can cheer up!

FL NARFE DISTRICT-2
Annual Conference

Susan Parkins



CHAPTERS: 33, 172, 185, 1414, 1548, 1557, 1671, 1984, & 2273.

INVITED: All Active and Retired Federal Employees.

PLACE: Orange Park Library
 2054 Plainfield Ave
 Orange Park FL 32073.

DATE: March 25, 2023 **TIME:** 9:00 AM

FREE – Must Register by March 18, 2023

WATCH FOR WHERE TO REGISTER



Eventbrite,
<https://www.flnarfe.com>,
 Mail-in,
 FL NARFE Insider's
 Newsletter, and Chapters
 Newsletters.

**More FL NARFE
 District-2 Conference
 updates to come.**



ON BEHALF OF CHAPTER 1414 WE WISH A MOST ENJOYABLE BIRTHDAY to the following members celebrating **February** birthdays.

- 03 Susan J. Stobe
- 03 Susan A. Parkins
- 03 John F. Hendershot
- 05 Doris E Small
- 09 Betty Lambert
- 09 Ms E. J. Miller



13 Kathleen M. Moore

- 15 Rebecca Washington
- 17 Lawrence C. Cross
- 18 Kurt Legait
- 20 Thomas G. Key
- 20 Charles E. Barrs
- 20 Patrick Browne

We greatly appreciate the generosity of our members who contribute to the Birthday Fund. Your contributions make the publication of this newsletter possible and help keep our chapter dues low. There are many members who celebrate their birthdays each month and whose names are never published in the newsletter. We want to recognize **all members** who celebrate their birthday. Unfortunately, National does not send member's date of birth so **we have to rely on members to furnish this information.** If you have not seen your name published, or if your birthday has been entered incorrectly, please call **Mary Ann Baugh** 349-7024 to correct information.

We have established the **15th of the month as the cut-off date** to furnish the donor's names to our Newsletter editor. All donations received after the 15th will be acknowledged in the next month's newsletter. If YOU would like to be a contributor to our "birthday" recognition fund, send check payable to:

**"NARFE CHAPTER 1414"AND MAIL TO:
Eileen Wadding, Treasurer,
7548 Legrande St. S.
Jacksonville, FL 32244-1632.**

The following members donated to the Birthday Fund: Mary Berning, Paul Nesbitt, Sherleen Baggs, Linda Fleming, Betty Murphy, and Nancy Alwood. **TOTAL \$165.00**



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Feb. 2023

Clay County Chapter 1414
2748 Birchwood Dr.
Orange Park, FL 32073
GUARDIAN OF INDEPENDENT
FEDERAL RETIREMENT

DISCLAIMER REQUIRED BY THE IRS
Dues payment and gifts or contributions to NARFE are not deductible as charitable contributions for Federal Income Tax purposes.

